

# GREAT HARVEST LUNCH MENU

call 603-881-4422 to order by phone or order online @ [www.greatharvestnashua.com](http://www.greatharvestnashua.com)

## SALADS

### Garden Salad

Fresh Romaine lettuce topped with tomatoes, cucumbers, red onions and our homemade croutons.

### Kessler Salad

Fresh Romaine Lettuce topped with sweet & spicy pecans, blue cheese, sun-dried cranberries and our homemade croutons.

### Dressings

- Rosemary Balsamic
- Ranch
- Raspberry Vinaigrette
- Romano Caesar
- Greek Olive & Caper

### Baker's Salad

Our Garden Salad with turkey, ham, cheddar cheese and our homemade sweet & spicy pecans. Served with choice of dressing.

### Caesar Salad

Fresh Romaine Lettuce topped with our homemade croutons, parmesan cheese and Drew's Romano Caesar dressing.

### Greek Salad

Fresh Romaine lettuce topped with black olives, feta cheese, tomato, cucumbers, red onions and our homemade croutons with Drew's Greek Olive and Caper Dressing.

## SANDWICHES

### Louisville Chicken Salad

All white meat chicken, signature seasoned mayo & sweet & spicy pecans with lettuce, tomato, & onions.

### The Prospect Vegan

Romaine lettuce, tomato, red onions, bell peppers, black olives, cucumbers & toasted pumpkin seeds with a red pepper hummus spread & balsamic vinaigrette drizzle.

### Chimichurri Roast Beef

Fresh herbs, jalapenos, cumin, coriander and garlic pureed into a savory chimichurri sauce over slices of roast beef, Swiss cheese, lettuce, tomato and onions.

### The GORILLA

Smashed Bananas, all natural Peanut Butter & Groovy Granola grilled on fresh baked Cinnamon Chip Bread!  
Try it "Elvis Style" w/ Bacon or make it a "Grape Ape" with Berry Jam for \$.50 more. Go "All In" with both for \$1.00!!!

### B.L.T.

Seasoned Mayo, Crisp Bacon, Lettuce and Tomatoes on your choice of toasted Great Harvest bread.

### Cheesy Abby

A classic! Your choice of fresh baked Great Harvest bread with sharp Cheddar and toasted to perfection. Add fresh Bacon or Tomatoes for \$.50 each!

### California Cobb

Turkey, bacon, avocado, romaine lettuce, tomato, red onions and homemade bleu cheese spread.

### Harvest Veggie

Romaine lettuce, red onions, tomato, bell peppers, cucumbers, provolone and cheddar cheese and a red pepper garlic spread.

### Veggie Three-Seed Hummus

Our very own, made-from-scratch roasted red pepper, sesame, sunflower and pumpkin seed hummus w/ sprouts, carrots, cucumbers, lettuce, tomatoes and onions.

### Ham, Turkey, Roast Beef or Tuna

Our Classic Sandwiches are made with red onions, lettuce, tomato, spicy mustard, mayonnaise & salt & pepper on your choice of freshly baked bread. Add American, Cheddar, Swiss or Provolone at no extra charge!

### Turkado

Turkey, avocado, cucumbers, romaine lettuce and tomato

### Bacon Egg and Cheese

Oven Roasted Bacon, Scrambled Eggs, Cheddar Cheese and Garlic Herb Spread on Grilled English Muffin Bread.

⊗ = gluten free

While some of our soups are gluten free, due to the nature of our bakery we cannot guarantee that the soups are 100% gluten free when served.

## FRESH SOUPS

Due to the FRESH production of our soups, all soups may not be available on their scheduled days.

### MONDAY / WEDNESDAY / FRIDAY

Rotating Special, Call For Today's Soup!

10 Vegetable  ⊗

### TUESDAY / THURSDAY / SATURDAY

Tomato Cheddar ⊗

Rotating Special, Call For Today's Soup!

[facebook.com/greatharvestnashua](https://facebook.com/greatharvestnashua)

phone - 603-881-4422

fax - 603-881-4445

MON - FRI 7 - 6:30

SAT 7 - 5 & SUN 10 - 3

Order online at [greatharvestnashua.com/order](http://greatharvestnashua.com/order)

4 Sunapee Street  
Nashua, NH 03063  
next door to the  
Blushing Rose